The COVID-19 pandemic has profoundly impacted the number of eating disorders diagnoses in primary care, with adolescent girls seen to be most affected.

Figure 1: Monthly IR by sex (pink: females; green: males). The shaded area in yellow represents the lockdown period.

Figure 2: IRRs by sex, age group and socioeconomic deprivation index. The pre-lockdown period was defined as the reference group. For deprivation, urban areas (U) were categorized into quintiles of deprivation (U1 least deprived; U5 most deprived). Information on deprivation was not available for rural areas (R). Events with less than 5 occurrences were omitted for privacy reasons.

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